

Inpatient After Care Follow Up (MH/DD/SA)

Service Definition and Required Components

Inpatient After Care Follow Up (MH/DD/SA) is a service provided to adults and children/adolescents discharged from inpatient or residential treatment service, designed to assess the individual's current treatment needs and resources and to engage the individual in ongoing follow-up services. This follow-up service should be provided as soon as possible after the person's discharge from inpatient or residential service; in all cases, such individuals should receive this or another face-to-face follow-up service within seven calendar days after discharge. The service is intended to facilitate rapid (re)engagement in community-based services and to reduce the risk of re-hospitalization or readmission to residential services.

Inpatient After Care Follow Up service includes the following elements:

- A. Review of the individual's experience in transitioning from inpatient/residential service back to the community;
- B. Review of prescribed medications: adherence to medication prescribed at discharge, effectiveness of medications, side effects, current supply of medication and options for refills, and next appointment with a prescribing practitioner;
- C. Assessment of current mental status, including assessment of dangerousness to self and others;
- D. Review of and/or development of a crisis plan with particular emphasis on addressing potential crises that might jeopardize the individual remaining in the community;
- E. Assessment of community living arrangements including shelter, food, clothing, transportation and safety;
- F. Assessment of social supports and resources;
- G. Review of continuing service needs and plan for meeting those needs; **and**
- H. Engagement of the individual in continued services, including identification and addressing potential barriers to participation in ongoing services.

Staffing Requirements

Inpatient After Care Follow Up service may be provided by an individual or by a team. A Physician, Physician Extender, Nurse, Clinician or Qualified Professional must be involved in provision of the service. Peer Support Specialist team members may be especially capable at relating to consumers and in helping them engage in ongoing services.

Provider Requirements

Inpatient After Care Follow Up service is for use only by provider organizations providing services under an expenditure-based contract and not otherwise submitting IPRS claims or shadow-claims for those services. Shadow claims must be submitted to the LME for provision of this service.

Service Type/Setting

Inpatient After Care Follow Up service is a direct periodic service that can be provided in any location

Utilization Management

A recipient may receive one or more Inpatient After Care Follow Up services following discharge from inpatient or residential services. Authorization of this service is not required.

Any person regardless of payer source that has been discharged from inpatient or residential service is eligible for this service

Continued Stay Criteria

Not applicable.

Discharge Criteria

Not applicable.

Expected Outcomes

The individual successfully transitions from inpatient or residential to community-based services. The individual has stable living arrangements and the supports necessary to remain in the community and to engage in needed ongoing treatment services.

Documentation Requirements

The recipient must be registered as an active LME consumer. Screening, Triage and Referral must be completed as part of this service if not previously completed.

Minimum standard is a full service note that includes the purpose of contact, describes the interventions and the effectiveness of the intervention. Plans for continued services and needed supports must be documented.

Service Exclusions

Not Applicable.

Service Code

Service Code 8438 is to be used in reporting Inpatient After Care Follow Up service.